

OUT OF HOURS Transfer Review 2019: A Quality Improvement Project

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Background

To ensure patient safety and continued care whilst maintaining patient flow throughout the hospital from the admissions unit to the wards, it is expected that each medical patient transferred between wards out of hours is reviewed by a member of the Hospital At Night team: the so-called “transfer review”. Through our experiences we were concerned that transfer review is currently:

- 1) **Inconsistent** – with no clear instructions as to what to include.
- 2) **Inefficient** - lots of time spent by staff reviewing well patients, detracting from time that could be spent responding to unwell or deteriorating patients.



Figure 1 – HRI Hospital At Night Team – General Medicine

Model for Improvement

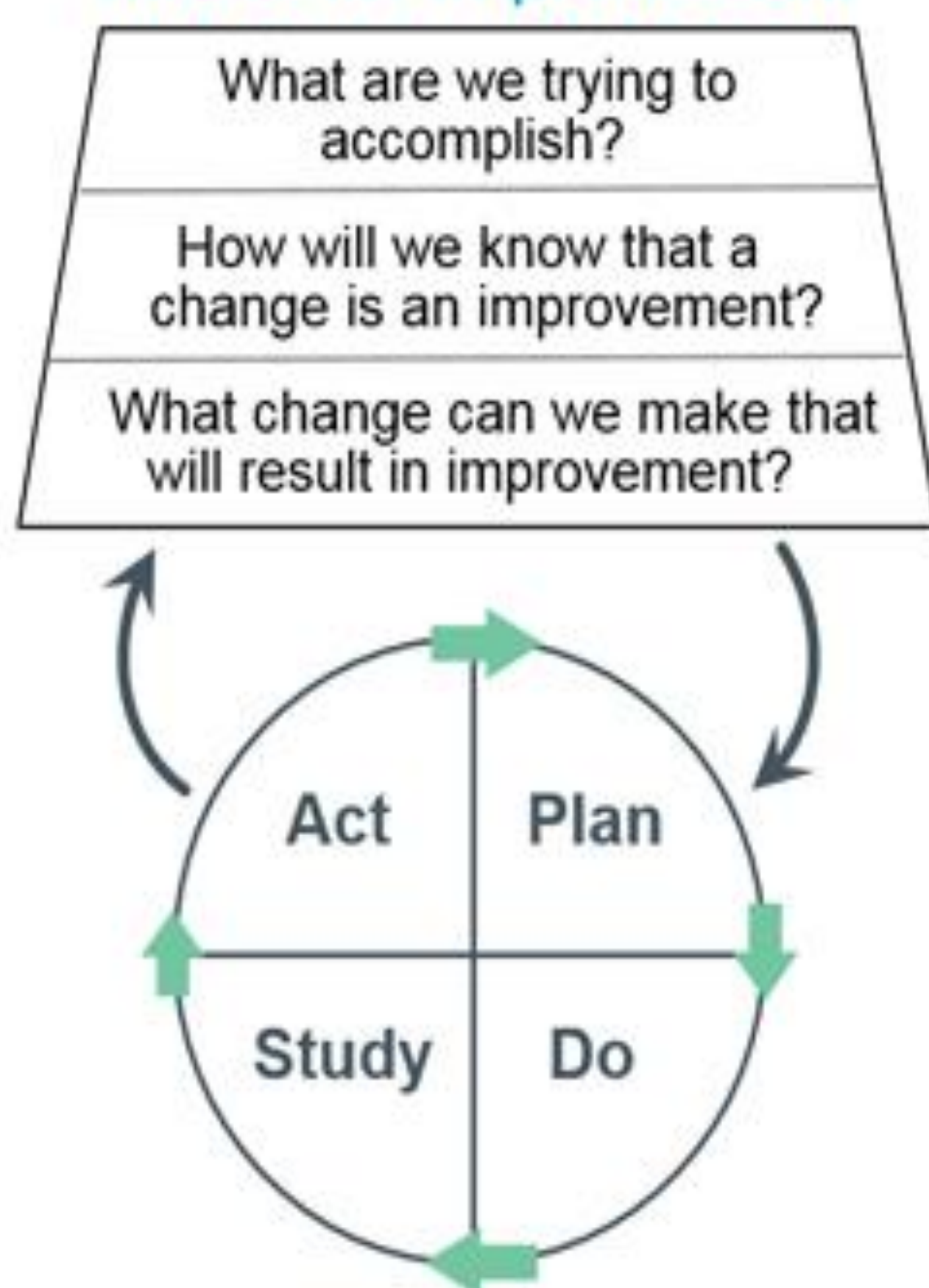


Figure 2 – Quality Improvement methodology – Plan Do Study Act

The Intervention

We aimed to improve **consistency, quality** and **efficiency** of the transfer review by devising a sticker to act as prompt/proforma.

Methods – PSDA cycle 1

- We piloted the sticker on three separate night shifts, involving three different Hospital At Night teams between 02/01/19 and 08/01/19.
- Staff on duty were asked to complete a pre-intervention questionnaire to establish current practice and opinion at the 9pm handover.
- They were then asked to use a sticker in place of their standard practice, but advised to complete a full review according to their clinical judgement where appropriate.
- On completion of their shift staff were asked to complete a post-intervention questionnaire, designed to assess the impact of the sticker on quality of transfer review & time taken to complete transfer review. It asked whether a sticker would be of benefit if rolled out long-term, along with any suggested changes to the sticker.
- The data collected was Qualitative in nature.

Date _____ Time _____ HEY _____

Patient Name _____

Date of Admission _____ Current Ward _____ DOB _____

Current active problems _____

Key investigation findings _____

NEWS _____ (>5 = full review)

Clinical condition stable? (Y/N) _____ (No = full review)

Nursing concerns? (Y/N) _____ (Yes = full review)

Drug card review ☐

VTE Completed ☐

Celling of care documented ☐

Resuscitation status documented ☐

Name _____ Signature _____

Grade _____ GMC # _____ Bleep # _____

Figure 3 - transfer review sticker version 1

Measures

Outcome Measures: Perceived quality and time taken to complete the Transfer review after the intervention. Qualitative data from questionnaires.

Process Measures: Delays in finding notes and drug charts out of hours.

Balancing Measures: Did a more concise, and timely clerking negatively affect patient care?

Questionnaire Results

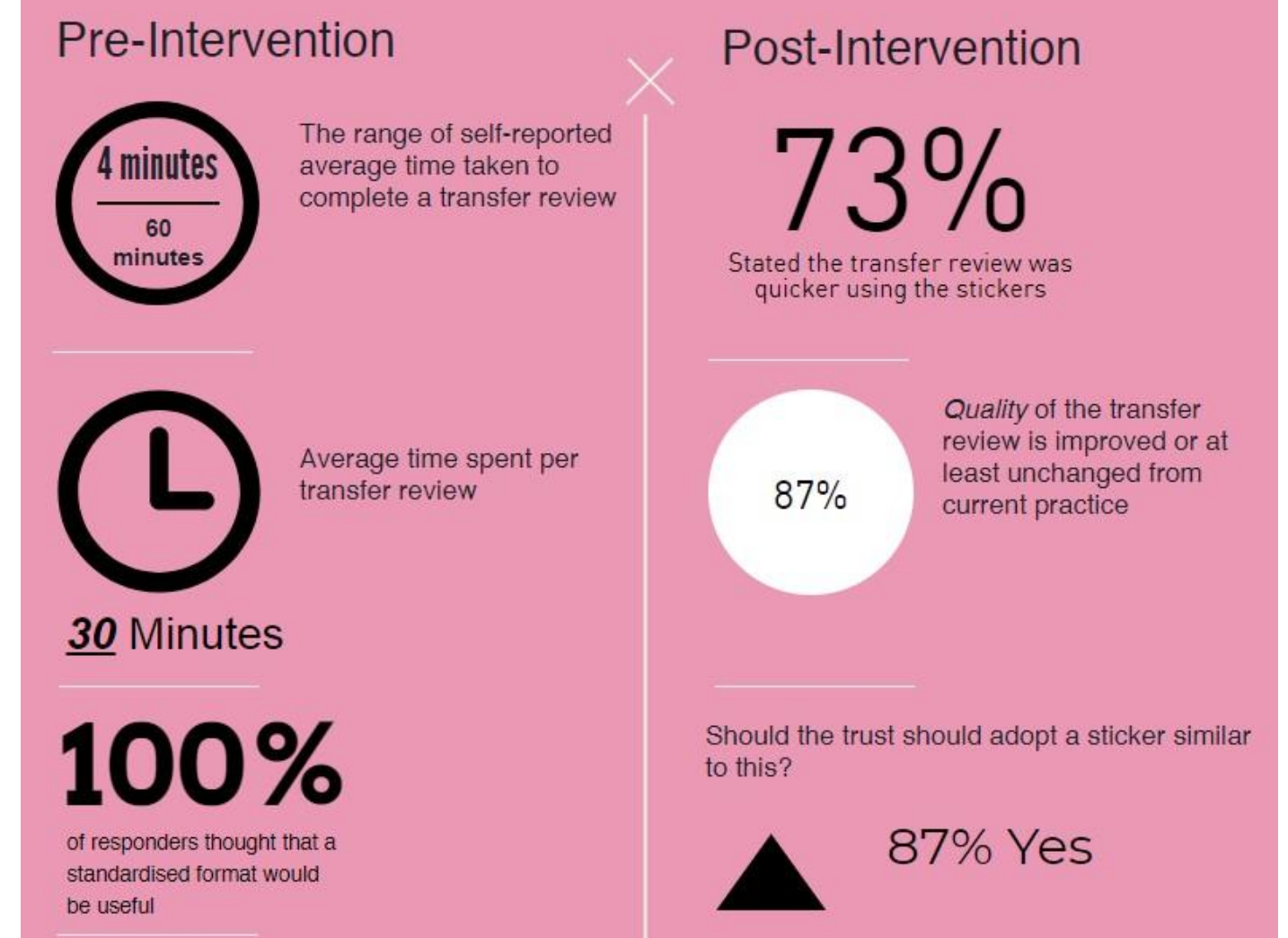


Figure 5 – Results summary

Post intervention questionnaire - Quality and Time taken (n=15)

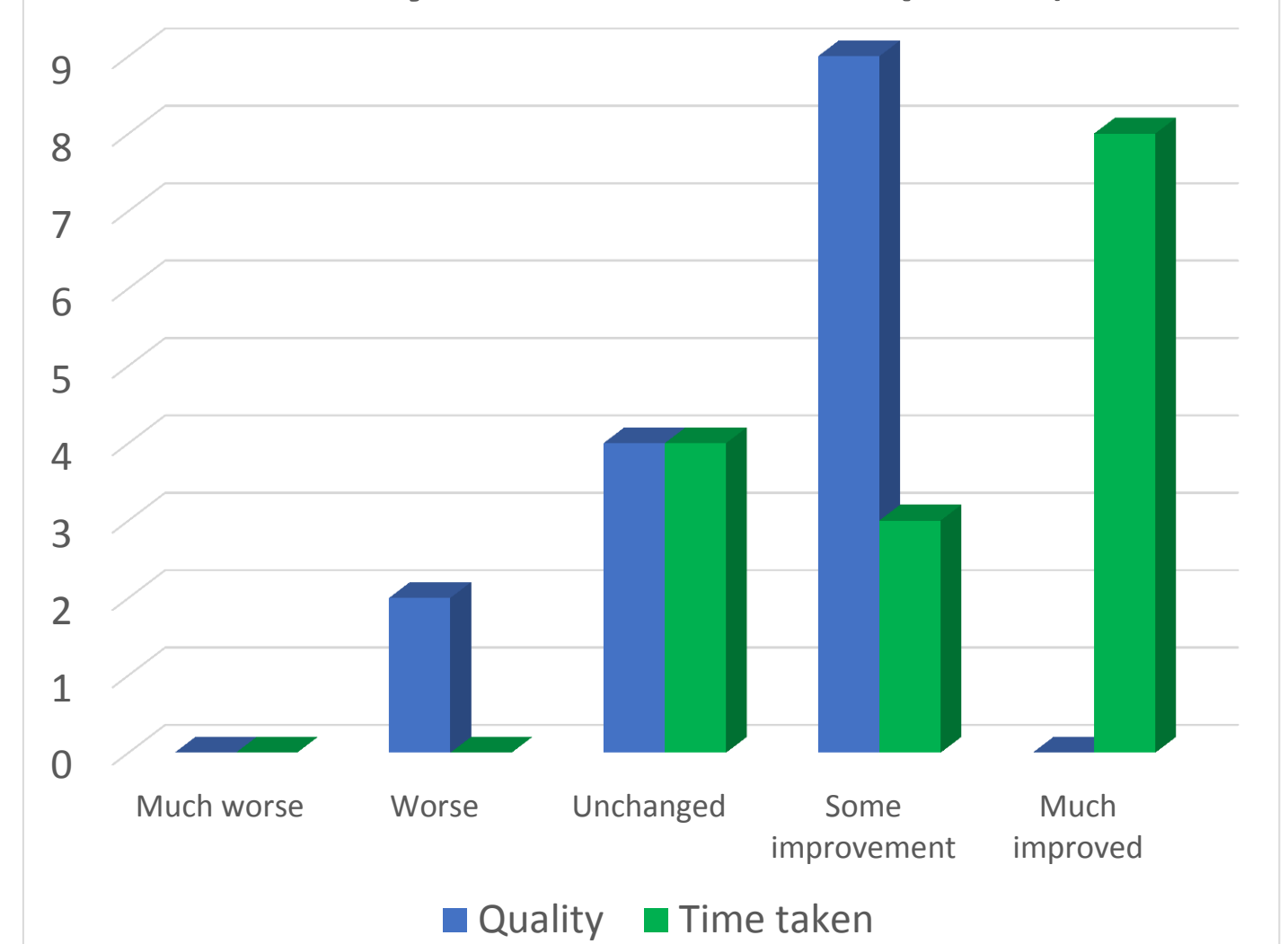


Figure 6 – Post intervention questionnaire results

Discussion

Analysis of the qualitative data from PSDA cycle 1 suggests that a standardised approach to the out-of-hours transfer review may make a real difference to the efficiency and effectiveness of the Hospital At Night team. A dominant theme to come out of this project was the perceived absence of a formal induction regarding Hospital At Night in general and the transfer review in particular. This is also something we hope to address as a group in future.

PSDA cycle 2

We have made some changes to the content of the sticker, after taking on-board feedback from our questionnaires, supervising consultant Dr Middleton & Dr Segal Pathmanathan (clinical lead for Hospital At Night).

We are planning PSDA cycle 2 with the updated sticker to reassess for impact on junior doctor efficiency out of hours and patient safety before engaging governance, seeking to roll out this intervention permanently in the medicine directorate trust-wide.